

# MASS CONCENTRATIONS

Religious, cultural, sports, artistic, and political events may gather many people and, at the same time, coincide with other situations that produce risky conditions. So that everything develops in a safe manner, follow these recommendations



## Before

-  Learn how long it will last, the location, and means of access
-  Inform a family member where you are going, and how long you will be there
-  Find the safest route to be there on time
-  Protect yourself with sunblock, cap/hat, or from the cold with warm clothing
-  Find out about demonstrations, marching groups, or sit-ins to schedule transportation time and route

## What to do when there is...?

### Earthquake

- Move away from risky areas
- Take a fetal position and protect your head
- Don't evacuate during an earthquake
- Don't use elevators or stairs
- If someone is injured, there are leaks or fires, notify the authorities
- When the earthquake is over, evacuate in an orderly manner



### Rainstorm/electrical storm

- Keep away from loose or damaged electrical wires
- Be careful when crossing streets or avenues
- Avoid standing near metal structures, trees, or antennae



### Fire

- Cover nose and mouth with a piece of cloth, preferably moist
- Should your clothes catch fire, don't run, throw yourself to the ground, cover your face with your hands, and roll over



#PREVENIRESVIVIR

**Be informed**

**Sistema Nacional de Protección Civil**  
[www.gob.mx/proteccion-civil](http://www.gob.mx/proteccion-civil)

**Centro Nacional de Prevención de Desastres**  
[www.gob.mx/cenapred](http://www.gob.mx/cenapred)

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 Translation: Guadalupe Meléndez de Escalante



# Be safe during your favorite events

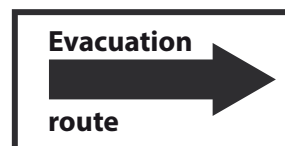
Obey instructions

## To safely enjoy the event

Locate emergency exits and the less risky places



Locate evacuation routes



Keep away from risky areas such as windows, false roofs, handrails, poles or objects that may fall



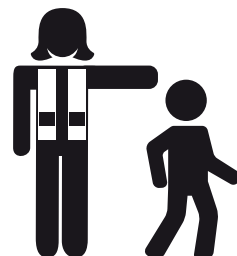
Be tolerant and understanding to others



Identify civil protection signals and fire extinguisher locations



Respect instructions on the use of the facilities



Identify security and civil protection personnel



Should you see something unusual, notify the authorities



Locate information and medical areas, as well as toilet areas



If you consume food, make sure it is hygienically prepared



Assist persons that need help. Hold the hand of children, senior citizens, or persons with different needs

## Emergency phone numbers

**National Emergency Service** 911

**Red Cross:** 5557 5757 y 065

**Locatel:** 5658 1111

**Firemen:** 5768 3700 y 068

**Civil Protection:** 5683 2222

**General information:** 040

**Emergencies:** 066

**Remember: if we all collaborate, we will certainly enjoy**