

MASS CONCENTRATIONS

Religious, cultural, sports, artistic, and political events may gather many people and, at the same time, coincide with other situations that produce risky conditions. So that everything develops in a safe manner, follow these recommendations



Before

-  Learn how long it will last, the location, and means of access
-  Inform a family member where you are going, and how long you will be there
-  Find the safest route to be there on time
-  Protect yourself with sunblock, cap/hat, or from the cold with warm clothing
-  Find out about demonstrations, marching groups, or sit-ins to schedule transportation time and route

What to do when there is...?

Earthquake

- Move away from risky areas
- Take a fetal position and protect your head
- Don't evacuate during an earthquake
- Don't use elevators or stairs
- If someone is injured, there are leaks or fires, notify the authorities
- When the earthquake is over, evacuate in an orderly manner



Rainstorm/electrical storm

- Keep away from loose or damaged electrical wires
- Be careful when crossing streets or avenues
- Avoid standing near metal structures, trees, or antennae



Fire

- Cover nose and mouth with a piece of cloth, preferably moist
- Should your clothes catch fire, don't run, throw yourself to the ground, cover your face with your hands, and roll over



Follow instructions by security and civil protection personnel

Be informed

Centro Nacional de Prevención de Desastres
www.gob.mx/cenapred

Source: Centro Nacional de Prevención de Desastres
Translation: Guadalupe Meléndez de Escalante



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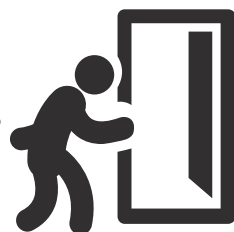


Be safe during your favorite events

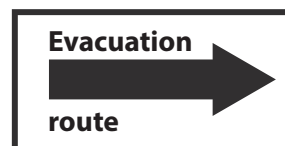
Obey instructions

To safely enjoy the event

Locate emergency exits and the less risky places



Locate evacuation routes



Keep away from risky areas such as windows, false roofs, handrails, poles or objects that may fall



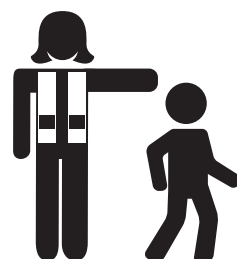
Be tolerant and understanding to others



Identify civil protection signals and fire extinguisher locations



Respect instructions on the use of the facilities



Identify security and civil protection personnel



Should you see something unusual, notify the authorities



Locate information and medical areas, as well as toilet areas



If you consume food, make sure it is hygienically prepared



Assist persons that need help. Hold the hand of children, senior citizens, or persons with different needs

Emergency phone numbers

National Emergency Service 911

Red Cross: 5557 5757 y 065

Locatel: 5658 1111

Firemen: 5768 3700 y 068

Civil Protection: 5683 2222

General information: 040

Emergencies: 066

Remember: if we all collaborate, we will certainly enjoy