CIVIL PROTECTION FAMILY PLAN

Security begins at home... so, prepare a civil protection plan with your family

Adapt the plan to any type of emergency and to the requirements each one has, children, the elderly, persons with different needs, and include your pets

Follow these 4 stage:



Identify risks and security areas, both inside and outside your home. Check furniture and installations



Using a home-made floorplan, draft possible evacuation routes, indicate risks detected, and how to reduce them



Get ready to make the best possible decision; that will help you to know how to act in case of disturbing events



At least three times per year, rehearse an evacuation drill. With that experience, update your plan









Emergency back-pack Keep at hand...

1.- Important documents



2.- A phone book of family members, schools, emergency services and Civil Protection

3.- Canned food, and bottled water for two days

4.- Medications and first aid kit

Identify risks Practice it Practice it Train

During emergencies, have you considered... what is more secure, inside or outside my home?

6.- Battery radio

and flashlight

5.- Tools for

emergency

repairs

- ▶ There is no general rule, because results I bases on the type of risk and the characteristics your home has
- Keep calm, do not run, do not scream, do not push
- Proceed to the meeting point previously agreed on with family members

Be informed

Centro Nacional de Prevención de Desastres www.gob.mx/cenapred

Reporta emergencias al 911

Source: Centro Nacional de Prevención de Desastres Translation: Guadalupe Meléndez de Escalante. Revision Angélica Sánchez de la Torre











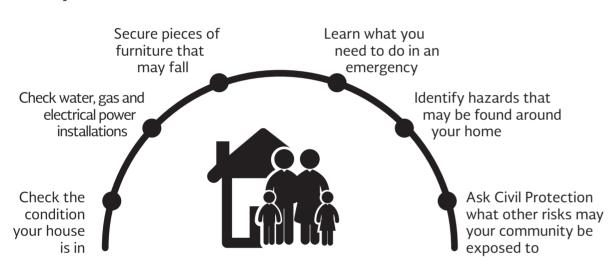


Prepare your family plan

So you can reduce risks and act in an organized and coordinated manner in case of emergencies

Follow the next...

Identify risks:



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With your family, decide which is the meeting point outside your home; a park, or with a family member



Entrust a friend, neighbor, or family member with a duplicate of house keys and important documents

If you have pets:



Include them in your family plan



Anticipate your pet's needs, and how to solve them in case of an emergency



Make sure they wear a collar with a tag having name, address, and telephone number



Never leave them tied, or outside the home

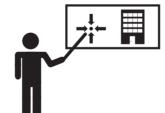


Keep them on a leash, and muzzle if necessary

When authorities ask you to evacuate your home, do so; this is for your safety and security



Rehearse evacuation drills. Test your own civil protection knowledge and culture





In case of a disaster, you must obey indications given by authorities



Locate the temporary shelter you will go to, and carry only what is necessary

Be informed

Check recommendations for each type of event, at Guía de Prevención para Desastres

http://www.cenapred.gob.mx /es/Publicaciones/archivos/1 8-GUADEPREVENCINDEDESAS TRES.PDF Centro Nacional de Prevención de Desastres www.gob.mx/cenapred