

# In case of **FLOOD**... **What to do?**

Floods originate mainly in rainy season and winter and it causes huge economic losses and casualties.

Comprehend and apply the main prevention and self-protection measures.



## Learn more

National Water Committee  
[www.gob.mx/conagua](http://www.gob.mx/conagua)

National Center for Disaster Prevention  
[www.gob.mx/cenapred](http://www.gob.mx/cenapred)

Source:  
National Center for Disaster Prevention

## Before the flood - PREPARE



Do not buy land plots or build in low-lying areas near rivers or glens



Respect the land use and building regulations



Locate high places and routes to reach the temporary shelter



Save your important documents in sealed plastic bags



Store water and canned food, raincoats and boots

## During a flood - ACT



If necessary go to a temporary shelter and carry only the essential items



On flooded roads do not use the car



Stay calm, keep yourself informed, attend civil protection indications



Do not try to walk or swim on flooded roads, avoid crossing the riversbeds



Stay away from power poles or damaged power cables

## After flood - INSPECT



Go back home until you are sure there is no risk of collapse



Apply extreme hygiene measures in food and water



Empty standing water to prevent pests, mosquitoes, diseases and infections



Clean residues of toxic or flammable substances



Report injured people to the authorities and do not try to move them



GOBIERNO DE  
**MÉXICO**

SEGURIDAD  
SECRETARÍA DE SEGURIDAD  
Y PROTECCIÓN CIUDADANA

CNPC  
COORDINACIÓN NACIONAL  
DE PROTECCIÓN CIVIL

CENAPRED  
CENTRO NACIONAL DE PREVENCIÓN  
DE DESASTRES